

Bobbin Head to Mt Kuring-gai via Apple Tree Bay



2 hrs 30 mins

Hard track

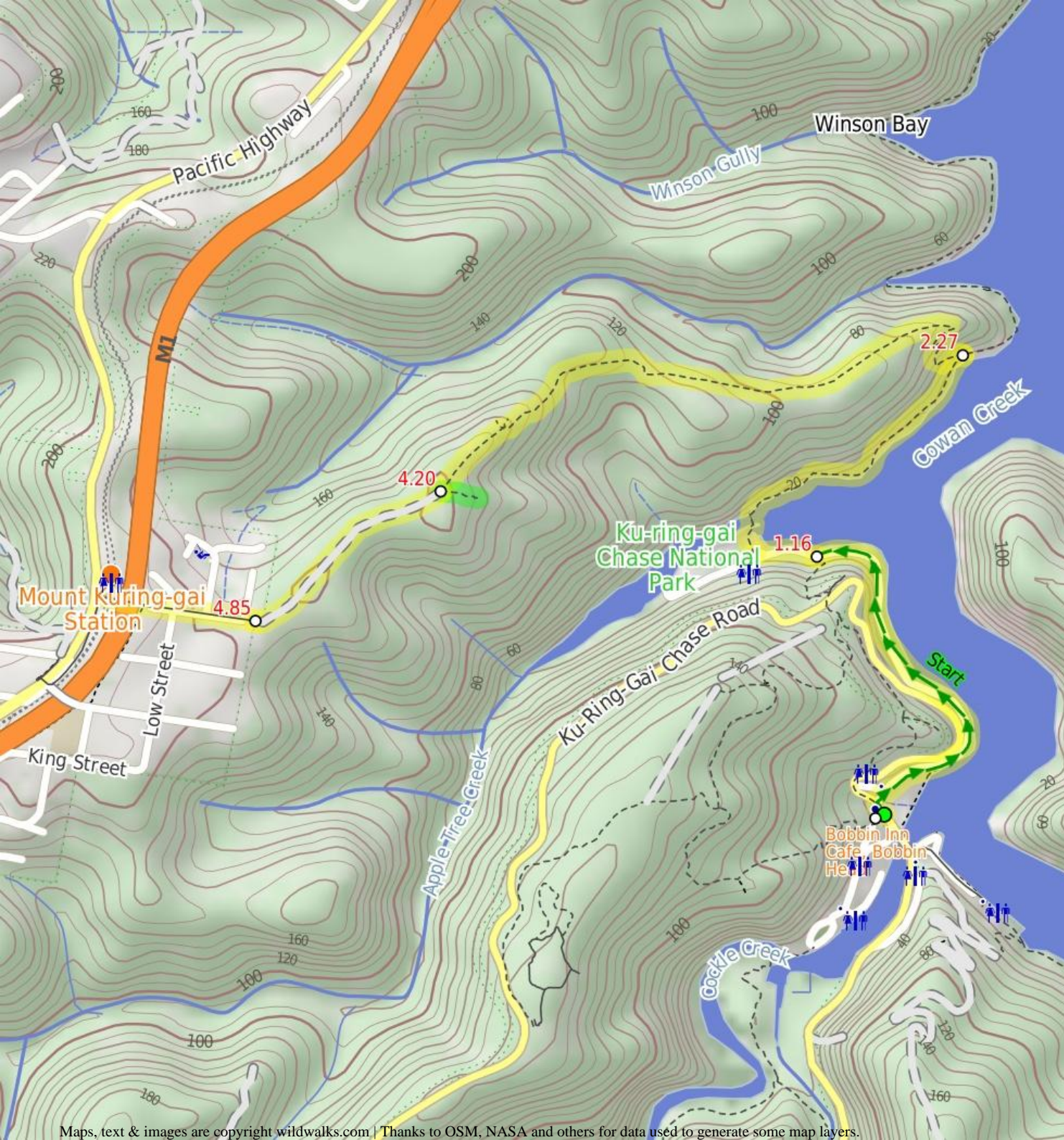
5.3 km One way

▲ 364m

4

Exploring Cockle Creek at water level and Ku-ring-gai National Park from the ridge, this is an enjoyable short walk to Mt Kuring-gai. Pop into the cafe at Bobbin Head for a cup of coffee or a light meal. The short side trip to the lookout up on the ridge offers an amazing view. As there are no buses to Bobbin Head, you will need to plan a car shuffle or ring a taxi.

213m



Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walks overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there Traveling by car is the only practical way to get to Bobbin Inn (gps: -33.6597, 151.1591). Car: Parking fees apply in the area.

You can get back from Mt Kuring-gai Railway Station (gps: -33.6538, 151.1367) by car or train. Car: From Mt Ku-ring-gai Station it is possible to get away to either Hornsby to the South or Brooklyn and the Central Coast in the North using the Pacific Hwy.

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/bhtmkvatb>

0 | Bobbin Inn Cafe

At the centre of Bobbin Head picnic area, in the old 'Bobbin Inn' building, is a cafe offering inside and outdoor dining, and a range of foods and drinks. Food includes fish and chips, wraps, focaccia, sandwiches and snack foods. Tea, coffee and cold drinks are also on offer. Opening hours are 9 - 4pm Mon to Fri (closed Tuesdays) & 9 - 5pm weekends. For more information, phone the cafe on 9457 7170. The NPWS Bobbin Head Information Centre is open 7 days a week (closed Christmas Day) 10 - 4pm (closed 12 - 12:30pm lunch). Ramp access available via on the southwestern corner of the building. Ramp access to the information centre through the cafe.

0 | Bobbin Inn

(1.2 km 27 mins) From Bobbin Inn, this walk heads to the front of the building to the 'Information Centre' to turn right and cross Bobbin Head Road. Here the walk follows the 'Apple Tree Bay' signs through the car park and between the toilet block (on your left) and 'The Pavillion' (on your right) for just over 100m to pass over a speed bump between six sandstone pillars. The walk continues to follow the sealed road gently uphill for 900m passing a few speed bumps to the top of the rise where the road bends left. Here the walk continues downhill along the road for just over 150m to and intersection at the bottom of the signposted 'Regional Office' track (on your left).

1.16 | Int of Apple Tree Bay Road and Harbour to Hawkesbu
(170 m 3 mins) Continue straight: From the intersection at the bottom of the signposted 'Regional Office' track, this walk follows the sealed road gently downhill keeping the water and main valley to your right. After about 30m the road leads past a footpath (to a

small gated marina, on your right) to continue down the road for 150m to the Apple Tree Bay car park. Just across from the entrance this walk comes to a Kiosk and 'Welcome to Apple Tree Bay' sign.

1.33 | Apple Tree Bay

(940 m 26 mins) Turn right: From the kiosk, this walk heads across the eastern end of the car park, keeping the water to your right for just shy of 100m to pass the top of the boat ramp and find the sheltered 'Information' sign. Here the walk crosses Apple Tree Creek on the timber bridge to find a small clearing and picnic area where this walk turns right following the 'Berowra Track' sign. The walk soon leaves the metal fence and follows the rocky track and stone steps for about 100m where the track then mostly flattens out for another 100m to cross a small rock gully and grove of sassafras. The track then crosses another gully and continues along the shore for just over 200m leaving the Apple Tree Bay where the track veers left over a small rise using some timber steps. From here this walk continues along the shoreline in a similar manor for 300m to come to a constructed stone wall and series of disused stone steps (on your left). This is the site of the historic Woodnutts Boatshed that was built in 1910. The rusting water tank and a few other relics remain. Here the walk continues along the clear track along the shoreline for another 40m to the intersection at the bottom of the signposted 'Mt Ku-ring-gai Track' (on your left).

2.27 | Int of Mt Kuring-gai and Berowra Tracks

(1.9 km 49 mins) Turn left : From the intersection, this walk follows the 'MT Ku-ring-gai Track' sign up the rock and timber steps and past the small overhang. The track leads fairly steeply up for 80m to then bend sharply right and continue fairly steeply for another 200m to pass a natural rock wall (on your left). Just 20m past this wall the track comes to a small flat area with good views over Cowan Creek. Here the walk continues more gently uphill along the rocky ridge line for 300m where the track completely flattens out to pass along the side of a small hill (on your left). Over the next 600m the track leads down across a saddle then up along the ridge to bend right onto an exposed rock platform. From there the sandy track soon bends left again to follow the ridge uphill for 100m to pass a small sandstone overhang then continue up a long set of stone steps where the sandy track mostly flattens out again. Soon the track starts heading up more stone steps for about 400m to pass between a large boulder (on your left) and along rock wall (on your right). At the end of this rock wall the track bends right and leads up the stone steps through the cleft in the rock where the then mostly flat wide sandy track leads gently uphill for 250m to find a three-way intersection marked with a NPWS arrow post.

4.2 | Optional sidetrip to Apple Tree Bay Viewpoint

(110 m 2 mins) Turn left : From the intersection, the walk heads east away from the main trail to follow the wide sandy track gently downhill. The track begins to narrow and after about 100m the now rocky track comes to an unfenced rock platform with good

views down over Apple Tree Bay and down along Cowan Creek valley. At the end of this side trip, retrace your steps back to the main walk then Veer left.

4.2 | Int of Lookout and Mt Kuringai Tracks

(650 m 11 mins) Continue straight: From the intersection, this walk heads away from the face of the face of the NPWS arrow post to head south west over a small rise and along the sandy management trail. The trail passes through open wooded forest for just over 600m to pass a 'Ku-ring-gai Chase National Park - Mt Kuring gai Track' sign as the trail bends right where this walk heads around the green metal National Park gate. Here the walk heads past a few houses to find the intersection of 'Harwood Ave' and 'Young St' (Mt Kuring-gai).

4.85 | Corner of Harwood Avenue and Young Street

(400 m 8 mins) Continue straight: From the corner of Harwood Avenue and Young Street, this walk follows Harwood Ave downhill along the footpath. The footpath then leads up past a 'Seaview St' and across 'Low St' to continue to the end of Harwood Ave to find a footbridge. Here the walk crosses the the F3 freeway using the caged foot bridge to head down the steps into a concrete tunnel. Part way through the tunnel this walk comes to an intersection at the bottom of the steps at Mt Kuring-gai Railway Station. Here there is a sign that points back to 'Mt Ku-ring-gai Walking Track'