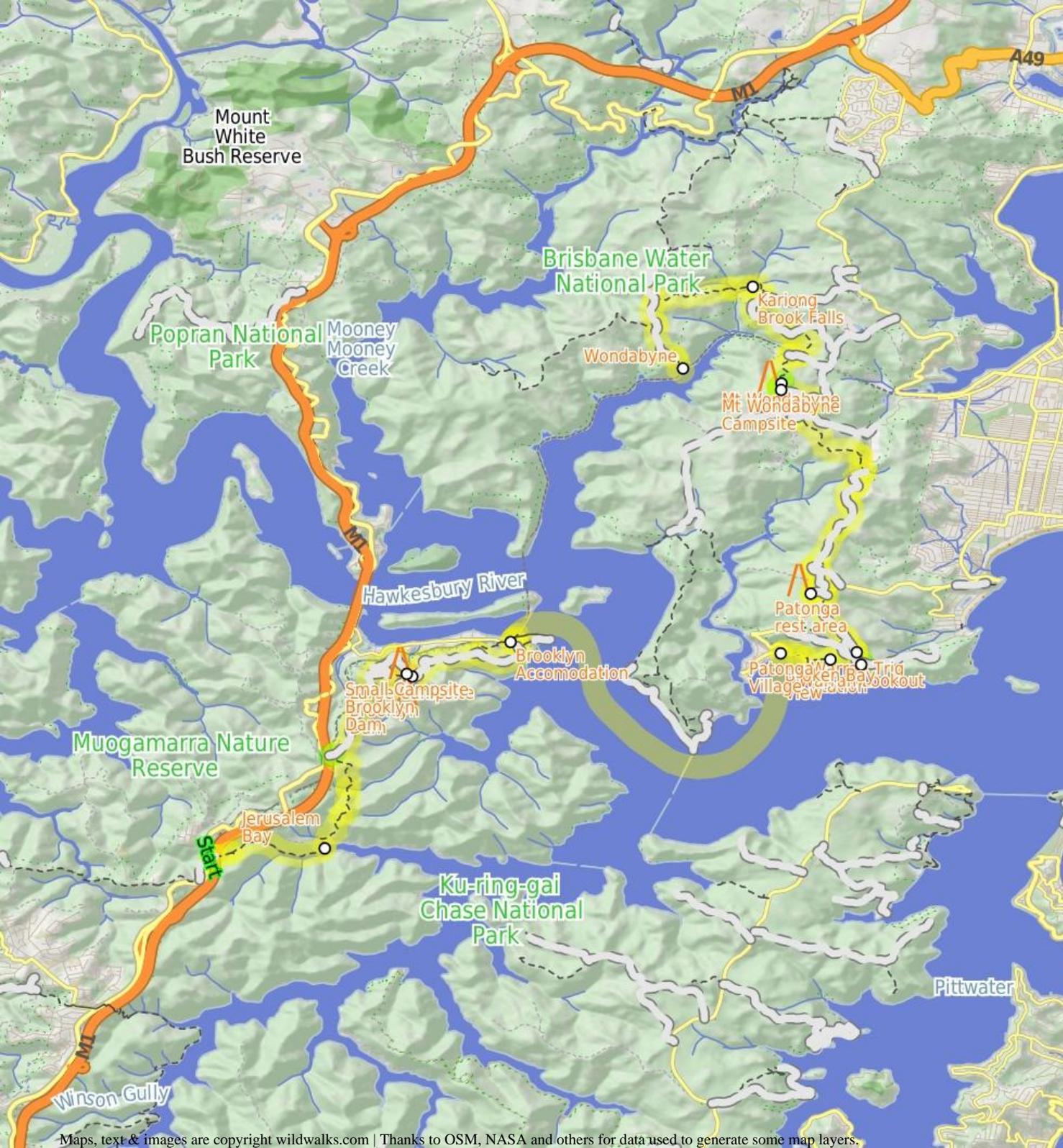


Cowan to Wondabyne station via Patonga rest area



2 Days

Hard track



33.4 km One way  **1523m**

This section of the Great North Walk starts from Cowan train station and wanders past the majestic Jerusalem Bay then through to Brooklyn. After a ferry ride to Patonga, this walk climbs to the top of the ridge, reaching even more great views. Day 2, the track heads over the scenic Mt Wondabyne and around to Wondabyne Station. Please check timetables for ferry and trains as they can be infrequent.

Jerusalem Bay

Jerusalem Bay, Ku-ring-gai National Park, is a nice bay east of Cowan Station. The bay is popular with bushwalkers as it is part of the Great North Walk. The bay is sometimes known for an iconic photo of the single palm in front of the water. The bay itself is also popular with boaters who can anchor in the bay. Jerusalem Bay can be accessed by the Hawkesbury River and Broken Bay or from Brooklyn or Cowan Railway Stations.

Small Campsite Brooklyn Dam

The small campsite next to Brooklyn Dam, Ku-ring-gai Chase National Park, is a small grassy campsite which has room for approximately four sites. The close proximity to Brooklyn Dam means close water. The campsite also has a few tall shady trees and is a fuel-stove only site.

Large Campsite Brooklyn Dam

The large campsite next to Brooklyn Dam, Ku-ring-gai Chase National Park, is a spacious and well-maintained campsite which has room for plenty of tents. The close proximity to the dam means accessible water (treat before drinking). The campsite has many tall, shady trees and is a fuel stove only site. The concrete dam wall was built in 1884 to provide water for the steam trains passing about 500m to the north. The dam was enlarged six times before 1924, then in 1989 the dam was added to the expanded Ku-ring-gai Chase National Park.

Brooklyn Accommodation

Brooklyn is a lovely little village with plenty of holiday style accommodation. There are several small cafe/restaurants in the area, good choice for cooked meals. There are two options for overnight visits, both need to be booked in advance. Brooklyn Motel: Newly renovated accommodation on Bridge St, nearly opposite The Anglers Rest. This studio style accommodation starts from \$120 per night with a spa, television and free wifi. Ph: 99858540 or 0410454530. Breakfast can be organised for an extra fee. The Anglers Rest: Pub style accommodation on the intersection of Brooklyn & Dangar Rds. There are shared bathroom facilities. From \$60 single and \$90 a double. Breakfast not included (but you can grab breakfast from a cafe) PH:(02)9985-7257

Before You walk

Bushwalking is fun and a wonderful way to enjoy our natural places. Sometimes things go bad, with a bit of planning you can increase your chance of having an enjoyable and safer walk. Before setting off on your walk check

- 1) Weather Forecast ([BOM Metropolitan District](#))
- 2) Fire Dangers ([Greater Sydney Region](#))
- 3) Park Alerts ([Brisbane Water National Park, Ku-ring-gai Chase National Park](#))
- 4) Research the walk to check your party has the skills, fitness and equipment required
- 5) Agree to stay as a group and not leave anyone to walk solo

Think before you TREK

The 'Think before you TREK' program developed by NSW Police & NPWS promotes the benefits of planning ahead for your bushwalking trip by using an easy to remember acronym:

- T** Take adequate supplies of food, water, navigation and first aid equipment.
- R** Register your planned route and tell friends and family when you expect to return.
- E** Emergency beacon (PLB's) should be carried on walks with significant gaps in mobile coverage (check terrain profile).
- K** Keep to your planned route and follow the map and walking trails.

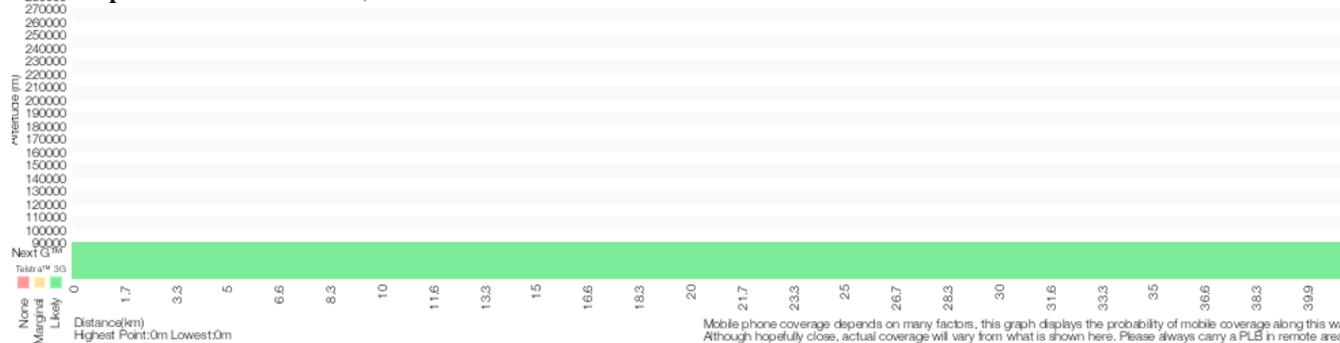
Topo Maps

The maps provided on wildwalks are helpful, but there are times where you may need maps covering a broader area. Maps that cover this walk include;

1:25 000 Map Series: 91312S GOSFORD, 91304N COWAN, 91301N BROKEN BAY

1:40 000 Map Series: CMA Ku-ring-gai Chase National Park Tourist Map

1:100 000 Map Series: 9131 GOSFORD, 9130 SYDNEY



Grade

This walk has been graded using the AS 2156.1-2001. The overall grade of the walk is determined by the highest classification along the whole track.



Grade 4/6
Hard track

Length	33.4 km One way
Time	2 Days
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Signs	Minimal directional signs (4/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk's overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking.

Getting there You can get to Cowan Station (gps: -33.5938, 151.1717) by car, train or bus. Car: There is free parking available.

Traveling by train is the only practical way to get back from Wondabyne Station (gps: -33.4921, 151.257).

Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.it/cwsvvdb>

0 | Cowan Station

(300 m 6 mins) From the front of Cowan station, this walk follows the GNW arrow up the concrete ramp, turning right to cross the track at the controlled 'Pedestrian Railway Crossing'. The walk follows the ramp onto platform 1 (Sydney-bound side) then around the shelter to follow the GNW arrow post right, down the steps and through the gate. Here the walk crosses the train lines (train storage area) and turns left, following the 'Brooklyn' sign along the wide management trail. After 130m, the trail leads past an electrical switching area then turns right at the large 'Great North Walk' signposts. Here, the narrower trail leads between the fences over a small rise to cross the freeway on a large, fenced concrete bridge.

0.3 | Freeway Bridge

(2.2 km 50 mins) Continue straight: From the overpass, this walk heads away from the freeway and down the wide track. The track leads down a series of timber steps, then over a small rise (among the scribbly gums) where the track begins to narrow and lead more steeply down a rocky section. The walk then heads down a series of timber steps (passing a 'Great North Walk' sign), and crosses a short section of timber boardwalk. At the other end of the boardwalk, this track leads left over a rock platform (with a small creek flowing after rain) and then turns right to step off the rock platform.

Continue straight: From the intersection, this walk heads downhill along the rocky track. The track leads past a few rock walls over about 350m, then turns right onto, then steps down off, a long thin rock platform. The track continues down along the side of the valley for another 200m, passing into a much more lush and dense forest, where the track then crosses the creek at a large rock platform. On the other side of the creek, the track leads right down along the other side of the valley, passing a few small sandstone overhangs then a particularly broad angophora tree after about 500m. Soon after this angophora, the track leads down some rock steps then begins to widen for about 300m, and passes a small track (on your right) marked with a 'No Camping or fires allowed' sign. By this point, the broad waters (or mud flats, depending on the tide) of Cowan Creek are obvious, on your right. The walk now continues along the generally broad and flat track for another 500m, then climbs up a set of concrete steps, marked with a GNW arrow post. At the top of these steps is a large, fairly flat clearing with a 'No Camping' and a 'Great North Walk' sign and a great view up the middle of Jerusalem Bay.

2.46 | Jerusalem Bay

Jerusalem Bay, Ku-ring-gai National Park, is a nice bay east of Cowan Station. The bay is popular with bushwalkers as it is part of the Great North Walk. The bay is sometimes known for an iconic photo of the single palm in front of the water. The bay itself is also popular with boaters who can anchor in the bay. Jerusalem Bay can be accessed by the Hawkesbury River and Broken Bay or from Brooklyn or Cowan Railway Stations.

2.46 | Jerusalem Bay

(3 km 1 hr 29 mins) Continue straight: From the clearing at Jerusalem Bay, this walk follows the 'Great North Walk' sign, keeping the water to your right. The track bends left then leads down some sandstone steps (with a handrail). The track soon becomes fairly rough and follows the shoreline for about 200m before crossing a rocky and mossy gully. On the other side of this gully, the track tends right, following the GNW arrow post past a sandstone overhang, and over a small flat timber bridge. Just past this bridge, the track bends left and starts to climb steeply up the particularly rocky track. After about 300m of climbing, the track passes a small clearing with a small seat (on your right). Over the next 400m, the rocky track still heads up, but is generally less steep. The walk then comes to a large rock outcrop, where the track turns right to head up through a rocky gully. About 60m after this climb, the track leads up another short climb to a rock platform, then a third consecutive climb leads up through a crack in a rock to find a much welcomed bench seat and 'Great North Walk - Track Register' log book box. From here, the walk follows the the track gently uphill for another 60m to a 'Jerusalem Bay' sign pointing back along the track, at the top of the ridge.

Continue straight: From the top of the ridge, this walk follows the 'Brooklyn Dam' sign, gently uphill, heading north through the tall heath. The mostly flat track leads through the forest, with an occasional glimpse to the freeway and down to Brooklyn. After about 400m, the track bends left and leads through a long cleft in the rock. Here the track starts to head more and more steeply down for the next 350m, until heading down some timber steps which lead to Campbells Creek. The walk steps over the small (orange, polluted) creek to find a flat sandy clearing a few metres past the creek.

Continue straight: From the small clearing, this walk follows the clear track away from the creek, and soon bends left then begins to climb. The rocky track climbs steeply for about 200m, passing among the grass trees and eucalyptus. The track flattens out and passes alongside a rock wall, then resumes the climb up the hill. At the top of this climb, the track passes a couple of small rock overhangs then climbs about halfway up a section of rock to follow the longer section of rock platform to the right. The track then gently undulates along the side of the hill, passing a section of hand rail after about 70m. The track then follows a series of small rock walls (on your left) for about 250m before climbing up onto a flat, sandy track. This soon leads to a faint intersection (with a track on your right, which goes to a large rock platform). From here, the sandy track stays mostly flat for about 300m before veering left at a GNW arrow post, leading up a more rocky section of track and then climbing up some steel pegs in the rock wall at the next GNW arrow post. Here the track leads up the short hill and comes to a T-intersection with a wide management trail, where a 'Jerusalem Bay' sign points back down the hill.

5.49 | Optional sidetrip to freeway view point

(100 m 2 mins) Turn left: From the intersection, this walk heads in the opposite direction to the 'Brooklyn' arrow, uphill along the wide management trail, keeping the power lines to your left. The trail leads through the tall heath and soon heads more steeply up a short hill to a concrete section of old road. The concrete section leads to the unfenced view point at the top of a large cutting, overlooking the freeway. At the end of this side trip, retrace your steps back to the main walk then Continue straight.

5.49 | Int. Jerusalem Bay Trk and Brooklyn Dam Service Tr

(2.8 km 57 mins) Turn right: From the intersection, this walk follows the 'Brooklyn' sign down along the wide management trail, initially keeping the power lines to your right. The trail gently undulates along the top of the ridge for about 700m, passing a few short side tracks (which lead to the power poles) and distant valley glimpses. The trail leads over a solid rock platform and less than 100m later, the walk leads past a track (on your right, which leads to a unfenced view over the valleys, from the power pole). The walk

continues along the main trail for another 90m then follows a GNW arrow post as the trail bends left, then right, to head downhill notably steeply for a short time. The trail then continues to undulate along the top of the ridge for about 1.2km, passing more side tracks to power poles (some with unfenced views). The walk then comes to a point where the trail bends sharply right, and there is a filtered view over the Hawkesbury River to Peats Ferry Bridge. From here, the walk heads quiet steeply down for about 400m to pass under some power lines, where the trail then bends sharply left (enjoying some filtered views down to Brooklyn Dam and the Hawkesbury, on your right), passing under then same power lines again. The trail soon flattens out, coming to a faint three-way intersection (with a re-vegetating track on your right), marked with a 'Great North Walk' sign.

8.28 | Upper Int. of Brooklyn Dam Service Track and Brook

(1.3 km 28 mins) Continue straight: From the intersection, this walk follows the 'Great North Walk' sign along the wide management trail as it initially leads over a small rise then heads downhill, keeping the valley to your right. After about 300m, the trail turns sharp right at the T-intersection with another wide trail. This flat wide trail follows the power lines for about 250m to then veer left (at the Y-intersection), heading downhill away from the power lines. The trail leads downhill for just shy of 300m, passing the speed hump signs to then bend right at the large clearing (ignoring the fenced trail on your left). Then about 100m later, this walk ignores another fenced trail (on your left) as this trail is still bending right. Here the trail heads around the side of the hill for 400m to come to an intersection with a track (on your left, leading a few meters to the signposted campsite) marked with a GNW arrow post.

9.63 | Small Campsite Brooklyn Dam

The small campsite next to Brooklyn Dam, Ku-ring-gai Chase National Park, is a small grassy campsite which has room for approximately four sites. The close proximity to Brooklyn Dam means close water. The campsite also has a few tall shady trees and is a fuel-stove only site.

9.63 | Alternate Route NW Brooklyn Dam Campsite to NE Bro

(180 m 4 mins) Turn left: From this intersection, this walk follows the track east, away from the main trail and through the small 'Brooklyn Dam' campsite. On the other side of the campsite, the narrow track bends right and leads down into the gully, down a few concrete steps then heading alongside the small creek. Just before the dam wall, the track bends left, across the creek and up the short rocky hill to find a larger clearing. There is a good view over the dam (on your right). The track continues bending right through the clearing, and up a short hill to an intersection with the wide trail. Now Turn left to rejoin the main walk.

9.63 | NW Brooklyn Dam Campsite intersection

(90 m 2 mins) Continue straight: From the intersection, this walk follows the GNW arrows post south along the wide trail, soon passing alongside the dam (on your left). About 40m after passing edge of the dam wall, this walk comes to an intersection with a re-vegetating track (on your right) and a large 'Ku-ring-gai Chase National Park - Brooklyn Dam' sign (on your left).

9.72 | Lower Int. of Brooklyn Dam Service Track and Brook

(700 m 13 mins) Continue straight: From the intersection, this walk follows the GNW arrow post along the wide trail, keeping the dam to your left. (This section of trail leads around to the far side of the dam.) After just over 250m, the trail crosses a small creek (at the apex of the dam) then continues bending left. The track passes some old concrete pipes (on your left) then after about 400m, the trail comes to an intersection with a clearing and dam wall (to your left).

10.42 | Large Campsite Brooklyn Dam

The large campsite next to Brooklyn Dam, Ku-ring-gai Chase National Park, is a spacious and well-maintained campsite which has room for plenty of tents. The close proximity to the dam means accessible water (treat before drinking). The campsite has many tall, shady trees and is a fuel stove only site. The concrete dam wall was built in 1884 to provide water for the steam trains passing about 500m to the north. The dam was enlarged six times before 1924, then in 1989 the dam was added to the expanded Ku-ring-gai Chase National Park.

10.42 | NE Brooklyn Dam Campsite

(2.7 km 59 mins) Veer right: From the intersection, this walk follows the GNW arrow post uphill along the management trail, directly away from the dam. After about 30m, the trail bends right and passes a 'Ku-ring-gai Chase National Park - Brooklyn Dam' sign and continues uphill for another 150m, to where the trail becomes less steep (enjoying some filter views over the Hawkesbury on your left) for about 180m. Here a GNW arrow post guides along a short track (on the left), that runs parallel before re-joining the main trail again a short distance later. The walk then continues uphill to veer right at a three-way intersection, under the power lines, then about 120m later, this walk veers right again at another three-way intersection. About 70m up from here, the walk veers left at another three-way intersection, this time the trail generally follows the power lines along the side of the ridge. After another 300m, the trail bends right and passes under a set of high tension power lines, then continues to gently undulate for another 600m to come to a three-way intersection (with a clearing and trail on your left) and a 'Cowan' sign pointing back along the trail.

Continue straight: From the intersection, this walk follows the 'Brooklyn Station' sign gently downhill along the management trail, keeping the Hawkesbury River glimpses to your left. The trail gently undulates for about 600m before bending left to find a large clearing and water glimpses. From the clearing, the trail starts to lead downhill towards the water, and after nearly 100m, the trail leads steeply down a short section of concreted trail. Just after this, the trail leads steeply again over a longer section of concrete, where the trail then leads through a rock cutting to find an even longer and steeper section of concrete trail. This section of concrete leads down for about 220m, sweeping left to head around a locked gate, past a large 'Great North Walk' sign to find the southern end of William St. Here the walk turns right to head down William St then across George St to find a few 'Great North Walk' signs on the corner.

13.1 | Int of George & William Sts

(200 m 4 mins) Turn left: From the intersection, this walk follows the 'Great North Walk - Direct Route' sign gently uphill along the footpath beside George St. At the top of this hill, the walk turns right onto 'Bridge St' and heads down past a cafe, post office and 'The Anglers Rest' (on the other side of the road) and crosses 'Brooklyn Rd' to find a phone box on the other side.

13.3 | Brooklyn Accomodation

Brooklyn is a lovely little village with plenty of holiday style accommodation. There are several small cafe/restaurants in the area, good choice for cooked meals. There are two options for overnight visits, both need to be booked in advance. Brooklyn Motel: Newly renovated accommodation on Bridge St, nearly opposite The Anglers Rest. This studio style accommodation starts from \$120 per night with a spa, television and free wifi. Ph: 99858540 or 0410454530. Breakfast can be organised for an extra fee. The Anglers Rest: Pub style accommodation on the intersection of Brooklyn & Dangar Rds. There are shared bathroom facilities. From \$60 single and \$90 a double. Breakfast not included (but you can grab breakfast from a cafe) PH:(02)9985-7257

13.3 | Int of Brooklyn AND Dangar Rds

(90 m 1 mins) Continue straight: From the intersection, this walk follows the footpath down along Dangar Road past the phone box, keeping the train line and road to your left. The path soon leads past the community centre then the blue painted 'JJs Brooklyn' fish and chip store to come to the sandstone 'Obelisk' commemorating the naming of the Hawkesbury River. This is just on the other side of the road, opposite some large 'Great North Walk' signs and the Hawkesbury River Railway Station.

13.39 | Brooklyn Railway Station

(100 m 2 mins) Continue straight: From the street-side of Brooklyn Railway Station, this walk heads north-east along the footpath, towards the water, for approximately 50m, coming to the ferry terminal on the other side of the car park.

13.49 | Brooklyn Ferry Terminal

(8.4 km 1 Hr) Continue straight: From the wharf near Hawkesbury River (Brooklyn) Station, the walk becomes a ferry ride. This service needs to be booked ahead of time (only runs when there are enough people). The ferry usually runs once a day (except Fridays) at 1:30 pm from Brooklyn, arriving at Patonga Beach at 2:20pm. On weekends, there is an extra service at 11:00 am from Brooklyn, arriving at Patonga Beach at 11:45am. Times are affected by weather. Phone: (02) 9985 7566. Alternatively, you can catch a water taxi - they generally cost about \$100 per group of 4 and need to be booked ahead. There are a few options - try Hawkesbury River Water Taxi on 0400 600 111 or Rick on 0448 101 010. [More info.](#)

21.84 | Patonga Village

Patonga Village is a lovely small township on the Hawkesbury River. Just near the ferry wharf are a few helpful facilities: The Eve Williams Memorial Oval, where you will find a large pavilion, drinking water and public toilets. A fish and chips shop (and general store) is open reasonable hours, where you can buy lunch, a coffee and basic supplies (fishing needs, milk, canned food). Patonga Beach Hotel is available for a cold drink at the bar or a meal on the deck, or even overnight accommodation (from \$242 a couple) ph: 02 4379 1111.

21.84 | Patonga Wharf car park

(530 m 10 mins) Veer right: From the car park at Patonga wharf, this walk follows the footpath beside Patonga Drive, keeping the water on the right. The road leads out of town passing beside 'Eve Williams Memorial Oval' for 70m to find a large 'The Great North Walk' sign opposite the toilet block. Soon after this sign, this walk turns right following the 'Boat Ramp' sign and GNW arrow post down along a side road for 220m to find a parking area beside Patonga's boat ramp. (Alternatively it is possible to walk along the sandy beach from the wharf to the boat ramp.)

Continue straight: From the boat ramp, this walk follows the power lines across the car park, keeping the water to the right. The walk heads around the gate and continues to follow the power lines across the sand, coming to the eastern end of Patonga Beach and the 'Brisbane Water National Park' sign. This area of the beach is also know as 'Dark Corner'.

22.37 | Eastern end of Patonga Beach

(590 m 21 mins) Continue straight: From the eastern end of Patonga beach, this walk follows the 'Warrah Trig 1.7km' sign up the steps. The track winds up the side on the hill, turning left and following the ridge line uphill. Soon after passing up some stairs between the rock, the track comes to a lovely view across the water. Here, the track turns left and climbs up more steps before flattening out and passing a few more GNW arrows. Just after passing two GNW arrows next to each other (at the end of a large crack in the rock), the track passes a few large Sydney Red Gums and comes to an unfenced rock platform on the right - Broken Bay view.

22.96 | Broken Bay View

Broken Bay View is an informal, unnamed and unfenced vantage point at the top of the cliffs, east of Patonga. The large rock platform has a number of large Sydney Red Gums, providing some shade. There are great views across the Hawkesbury River, along Cowan Creek and to West Head. The views to the left extend past Lion Island to Barrenjoey Head and out to the Pacific Ocean.

22.96 | Broken Bay View

(700 m 15 mins) Veer left: From the Broken Bay view, this walk follows Great North Walk arrows uphill along the track. The track winds gently through the bush, with the occasional water glimpse to the right. After a short time, the track comes to a clear intersection with the Pearl Beach / Patonga fire trail with a sign pointing back to 'Patonga'.

Veer right: From the intersection, this walk follows the Great North Walk arrow downhill along the wide management trail. After about 250m, the trail passes a track on the right (marked with 5 large boulders - this informal track leads to an unfenced view). The walk continues along the management trail for another 100m and comes to an intersection near the Warrah Lookout, and a sign pointing back to 'Patonga'.

23.66 | Optional sidetrip to Warrah Lookout

(70 m 2 mins) Turn right: From the intersection, this walk heads between the timber posts and follows the 'Warrah Lookout' sign along the sandstone footpath. The path leads through the bush for a short distance, coming to the fenced Warrah Lookout. (Beware of informal side tracks that lead to unfenced sections of cliff.) At the end of this side trip, retrace your steps back to the main walk then Continue straight.

23.66 | Warrah Lookout

Warrah Lookout is a mostly fenced lookout on a large sandstone platform. The lookout provides fantastic views across the Hawkesbury River. From left to right, you can see along the escarpment which forms the southern boundary of Brisbane Water National Park, out to the Pacific Ocean, Barrenjoey Headland, West Head, along Cowan Creek, Juno Point and along the escarpment to Patonga. This is a great place to spend some time soaking up the views.

23.66 | Warrah Lookout intersection

(310 m 7 mins) Turn left : From the intersection, this walk follows the 'Tony Doyle Track, Warrah Car Park' sign up the sandstone steps and footpath. After winding through and over some rock platforms, the path leads up the hill to two sets of timber staircases. At the top of the second set, the walk comes to the old Warrah Trig station (a green metal post).

23.97 | Warrah Trig Station

Warrah Trig Station is part of a national geodetic survey established during the 1970's. The 'Triangulation station' (aka trigonometrical or trig station) is a distinct marker once clear of trees, and would have been visible for many kilometers in the area. There are many such trig stations around Australia, which were used to help in surveying. Each station has a known position and altitude, which allows surveyors to use triangulation and determine another point's location. With advances in technology, these trig stations have been abandoned and superseded. The trig station is now surrounded by trees, with some filtered views along the Hawkesbury River. The area is rich with wildflowers in spring.

23.97 | Warrah Trig Station

(30 m 1 mins) Continue straight: From Warrah Trig Station, this walk follows the sandstone steps and footpath down the hill towards the dirt road. The path soon passes a plaque and a sign pointing back along the 'Tony Doyle Track'

and comes to the Warrah car park.

24 | Warrah Car Park

(310 m 5 mins) Continue straight: From Warrah car park, this walk follows the road off the sealed section and along the dirt. The road passes a larger dirt overflow car park, then ignores an old trail (on the right) to soon come to an intersection with a management trail and gate on the left side.

24.31 | Int of Warrah Trig trail and Warrah Trig Station R

(1.2 km 22 mins) Continue straight: From the intersection, this walk follows the dirt road north up a long and gentle hill. The road leads to an intersection with a track on the right marked with a Great North Walk arrow about 30m before Patonga Drive.

Veer right: From the intersection, this walk follows the GNW arrow marker around the drainage ditch to follow the track running parallel to Patonga Drive (keeping the road about 20m to your left). The track leads through the heath and scribbly gum forest for about 100m before passing some distant ocean views (on your right), where the track continues for another 150m to come to the sealed Patonga Drive. Here the walk follows the GNW arrow post across the road to a locked gate and management trail, marked with a 'Great North Walk' sign.

25.53 | Int of GNW and Patonga Dr

(120 m 2 mins) Continue straight: From the intersection, this walk follows the 'Great North Walk' sign around the locked gate to follow the management trail away from the road. After about 100m, this walk comes to a clear three-way intersection marked with sign pointing back to 'Patonga'.

25.65 | Int of Rest Area and Girrorakool tracks

(210 m 3 mins) Veer left: From the intersection, this walk follows the 'rest area' sign gently downhill along the management trail. After about 200m, this trail leads to a small camping area at an intersection (and a turning circle on your right).

25.85 | Patonga rest area

This small campsite is a signposted rest area, and is about 200m off the Great North Walk, just north of Patonga Drive. The campsite is a small, sandy clearing, with no facilities and no water, but it is sheltered by trees.

25.85 | End of day 1

This is the planned overnight stay for the end of day 1, happy camping.

25.85 | Rest Area

(950 m 15 mins) Turn around: From the rest area, this walk heads east along the management trail for about 200m to come to a clear three-way intersection, where a 'Rest Area' sign points back down along the trail.

Turn left: From the intersection, this walk follows the 'Girrakool' sign gently up along the wide trail. After about 200m, the trail bends left, then leads gently down for another 100m, coming to an intersection where the main trail bends right (and with the narrower Patonga Creek trail ahead), marked with a GNW arrow post.

Turn right: From the intersection, this walk follows the GNW arrow post north along the wide sandy management trail. The trail leads among the heath and large scribbly gums for about 270m to come to T-intersection with another wide trail, marked with a 'Patonga' sign pointing back up along the trail.

Turn left: From the intersection, this walk follows the 'Girrakool' sign downhill along the management trail. Over the next 200m, the trail gently bends right then comes to an intersection (just before a large open rock platform), marked with a 'Girrakool' sign (pointing right).

26.81 | Int of Hawkesbury track and Patonga Dr trail

(1.1 km 21 mins) Turn right: From the intersection, this walk follows the 'Girrakool' sign east uphill along the management trail. The trail leads up the hill for about 25m to head over a short rock platform where the trail continues fairly steeply uphill. The trail bends left and then winds gently around the side of the hill, enjoying some views along the way. The trail undulates for a while before leading gently down to pass a large clearing (on your left). Just past this clearing, the trail heads down (fairly steeply at first) for about 200m to enter a tall wooded forest and come to a clear three-way intersection, marked with a 'Sani Depot Trail' sign (on your right).

27.92 | Int of Hawkesbury track and Sani Depot Trail

(1.3 km 25 mins) Continue straight: From the intersection, this walk follows the GNW arrow post downhill along the wide trail. The trail soon leaves the tall Sydney Redgums to lead down for almost 600m. The walk crosses a culverted creek (with sandstone blocks) and then the trail mostly flattens out. Here the trail continues for another 170m leaving the tall forest to walk through the open heath, passing near a small cliff (on your right), to come to an intersection with the faint track (on your left, this is just before the main trail bends right and starts to lead downhill again).

Continue straight: From the intersection, this walk follows the wide trail downhill, keeping the valley to your left. The trail winds downhill for almost 600m, crossing a couple of culverted creeks, until, just after a left-hand bend, this walk comes to a notable rock platform (with an ephemeral creek) and filtered view down the valley (to your left).

29.25 | Rock Platform

(520 m 12 mins) Continue straight: From the rock platform, this walk follows the trail north up the side of the hill. The trail leads uphill for about 25m before bending left and leading downhill for about 80m, where the trail winds through a ferny valley with a scattering of cabbage palms (*Livistona australis*). Here the trail leads quite steeply uphill for about 200m, then more gently downhill for just over 200m more, to come to a Y-intersection with the signposted 'Great North Walk' track (on your left). (The trail ahead soon leads over Patonga Creek to the locked back gate of Woy Woy Landfill).

29.77 | Int of Hawkesbury track near Patonga Creek

(2.3 km 52 mins) Turn left: From the intersection, the walk follows the 'Great North Walk' sign downhill along the track. After just shy of 100m, the track crosses Patonga Creek among the moist cabbage palm forest. Soon after crossing this creek, the track begins to head quite steeply uphill for another

100m, passing a faint side track before climbing up some carved steps in the rock beside a sloped rock platform (on your left). The track continues steeply up for another 40m, where the track bends right (at the GNW arrow post) to head over a mostly flat rock outcrop. The track continues (with occasional glimpses of the Woy Woy landfill) gently uphill for just over 100m to pass another side track, then lead up a bit more steeply for just over 100m more (past a rock wall, on your left) to come to an unfenced clear view over Woy Woy landfill (where the track bends left).

Veer left: From the view point over Woy Woy Landfill, this walk heads west following the rocky track uphill, directly away from the view. The sandy track soon leads up a few rock steps and after about 130m, climbs up a few carved steps onto a fairly large rock platform, marked with a GNW arrow post. The track now undulates, following a series of GNW arrow posts (generally up) along a rocky ridge line, passing over many rock platforms for almost 1km (enjoying the distant views over Woy Woy Bay and the Brisbane Water, to your right) to come to the highpoint on this section of track. From here, the track continues mostly flat for the next 500m, then begins to head downhill for about 300m to come to a clear intersection with the signposted 'Dillons Trail'. There is a sign pointing back up the track towards 'Patonga'.

32.05 | Int of Hawkesbury Track and Dillons Trail

(650 m 12 mins) Continue straight: From the intersection, this walk follows the GNW arrow post west (in the opposite direction to the 'Patonga' sign. After about 20m, this short track leads to an intersection with the signposted 'Tunnel Trail'.

Turn right: From the intersection, this walk follows the GNW arrow post gently uphill along the 'Tunnel Trail'. After about 50m, the trail passes through a metal gate and fence then continues for just over 100m to come to the signposted intersection with the 'Rocky Ponds Trail', where a 'Patonga' sign points back down along the trail.

Continue straight: From the intersection, this walk follows the GNW arrow marker and the 'Girrakool' sign north, gently uphill along the wide trail. The trail winds along the side of the hill for just over 450m, to come to a small crest and a clear three-way intersection with the signposted 'Mt Wondabyne' trail (on the left).

32.7 | Int of Tunnel Track and Mt Wondabyne trail

(760 m 16 mins) Turn left: From the intersection, this walk follows the GNW arrow marker as well as the 'Mt Wondabyne' and 'Girrakool' signs uphill along the management trail. The trail winds up the hill for about 300m find a view of Mount Wondabyne - there are also nice views behind (and to the right) across Woy Woy and the Brisbane Water. The trail continues uphill for another 400m to end at a large clearing (turning circle) at the base of a rock wall. This is the Mt Wondabyne Campsite - there is also a sign pointing back down to 'Patonga'.

33.45 | Mt Wondabyne Campsite

This basic campsite is found at the end of a management trail, near the base of Mt Wondabyne. The campsite is at the bottom of a small (east facing) rock wall and has trees surrounding much of the area, providing some shelter. There is an established fire circle and a basic seat. There is no water or other facilities. (There is also small cave suitable for sleeping a few people about half way up Mount Wondabyne).

33.45 | Mt Wondabyne Campsite

(90 m 2 mins) Turn right: From the clearing (campsite), this walk follows the 'Mooney Mooney rest area' sign north gently uphill along the rocky track. After about 90m, this track comes to a three-way intersection (with the Mt Wondabyne peak track, on the right), marked with a GNW arrow post.

33.54 | Optional sidetrip to Mt Wondabyne Peak

(210 m 5 mins) Turn right: From the intersection, this walk follows the Mt Wondabyne peak track north-east as it heads uphill directly towards Mt Wondabyne. The track is leads gently at first then starts to climb up a series of rock ledges. After about 60m, the track passes a small cave (large enough for 2 or 3 people to lie in). The track then continues to climb for another 90m, up the rocky track then for through a grove of small trees, to come to the first peak. The faint track continues along the ridge for another 60m then comes to the main peak, where there is an old trig station and great panoramic views. At the end of this side trip, retrace your steps back to the main walk then Turn right.

33.54 | Mt Wondabyne

Mount Wondabyne is one of the most prominent peaks in Brisbane Water National Park. The long cone-shaped hill has a rocky top and is home to a trig station. Walkers can enjoy full 360-degree panoramic views from the top. To the east are good views over the Brisbane Water, Woy Woy and other central coast suburbs. West, down next to Mullet Creek, you can see some buildings near Wondabyne Station and the train line. Otherwise, most of the expansive views are over much of Brisbane Water National Park. There are some small trees providing limited shade, a great place to soak up the views.

33.54 | Int of GNW and Mt Wondabyne Peak tracks

(950 m 21 mins) Continue straight: From the intersection, this walk follows the GNW arrow post north, gently down along the rocky track, keeping the Mt Wondabyne Peak up to your right. After about 50m, the track enters a forest of trees and begins to head more distinctly downhill, passing a few large boulders for about 700m, then coming to a GNW 'Walker Register' tube on a post. After writing a comment, the walk continues down the track over a rock platform, and just past the rock platform the sandy track leads downhill for about 200m as it widens significantly and comes to a T-intersection with another wide trail. There is a 'Mt Wondabyne' sign here, pointing back up the hill.

34.49 | Int of GNW and Mullet Creek Trail

(220 m 4 mins) Turn right: From the intersection, this walk follows the GNW arrow post and 'Wondabyne Station' sign down a gentle hill as the trail bends right. The trail leads downhill and bends again to run parallel with the some power lines. Then about 35 meters past the second power pole, this walk comes to an intersection with a track (on your left), marked with a GNW arrow post.

34.7 | Int of GNW and Mullet Creek Trail (east)

(830 m 18 mins) Turn left: From the intersection, this walk follows the 'Girrakool' sign, heading under the power lines and down along the track to soon cross a small ephemeral creek. From the creek, this walk follows a rock platform for about 200m to then head over a section of timber boardwalk and past a few disused power poles. The track soon begins to climb and crosses a number of rock platforms for about 300m to come to a notably large rock platform with a wide view across the valley to Mt Wondabyne. Here the track continues up for another 250m to an intersection with a wide trail (at another rock platform), where a 'Patonga' sign points back down along the track.

35.53 | Int of GNW and Thommos Loop track

(1.5 km 28 mins) Veer left: From the intersection, this walk follows the 'Girrakool' sign across the rock platform, keeping the valley to your left. The walk enjoys views of Mt Wondabyne (on the left) for about 130m to come to a particularly large rock platform. Here the trail leads down off this rock platform then winds along the side of the hill for about 1.3km (passing a pleasant grove of large Sydney Redgums) to lead up to an intersection (with a track on the left) where there is a sign pointing back to 'Patonga'.

37.02 | Int of the GNW and Patonga service trail

(690 m 24 mins) Veer left: From the intersection, this walk follows the 'Girrakool' sign gently down along the narrower track. The track leads down for about 60m to pass over a rock outcrop and then 80m later, comes to a clearing that has been used as a campsite (on your left). From the clearing, the track continues down the hill for about 150m, stepping down the rocks and along a sandy track to then bend right at metal handrail. Here the rocky track becomes quite steep in places and winds down past some rock walls and among the grass trees for about 300m, where the track bends sharp right at the bottom of some steps in a cleft in the rock. The track continues down for another 100m to follow the steps down through the sandstone overhang, here the track bends left then right to wind down and cross the creek (that is often underground) and come to an intersection with a faint track in front of Kariong Brook Falls (on your right).

37.71 | Kariong Brook Falls

This tranquil spot of the Great North Walk is home to some lovely falls and a water hole. The eastern side of the creek has a tall sandstone cave and wall. After rain these falls can become very spectacular, other times is a cool place to rest. A great spot to stop for a snack.

37.71 | Kariong Brook crossing

(400 m 11 mins) Continue straight: From the Kariong Brook, this walk follows the track north-west away from the cliffs (initially keeping the waterfall to your right). The track initially leads fairly steeply out of the densely forested valley then leads more gently uphill for about 100m to pass alongside a long rock wall (on your right). From the end of the rock wall, the track starts to lead downhill for about 200m, to then head down the embankment and steps and cross Myron Brook on the sandstone rock platform, to the western bank.

38.11 | Myron Brook crossing

(1.6 km 36 mins) Continue straight: From Myron Brook, this walk follows the rocky track west up the steep hill. After about 400m of steep climbing, the track mostly flattens out to head up through the cleft in a rock and onto a flat rock platform. Here the track continues more gently uphill, crossing more rock platforms for just over 1km, through the heath and scribbly gums, before bending left around a rocky outcrop to come to a T-intersection with a wide management trail. There is large sign here, pointing back down to 'Patonga'.

39.67 | Int of GNW and Wondabyne Station tracks

(630 m 11 mins) Turn left: From the intersection, this walk follows the 'Wondabyne Station' sign downhill along the management trail. The trail gently undulates along the top of the ridge for about 600m to come to an intersection with the Pindar Cave track (leading over a rock platform, on your right), marked with a GNW arrow post (on your left).

40.3 | Eastern end of the Pindar Cave Track

(1 km 19 mins) Continue straight: From the intersection, this walk follows the GNW arrow post south, gently down along the wide management trail. The trail soon bends right and leads quite steeply down before mostly flattening out again. From here, the trail leads gently downhill for about 600m until the trail bends left and leads quite steeply down for just shy of 250m to come to a clearing at the end of this management trail, marked with a 'Brisbane Water National Park' sign.

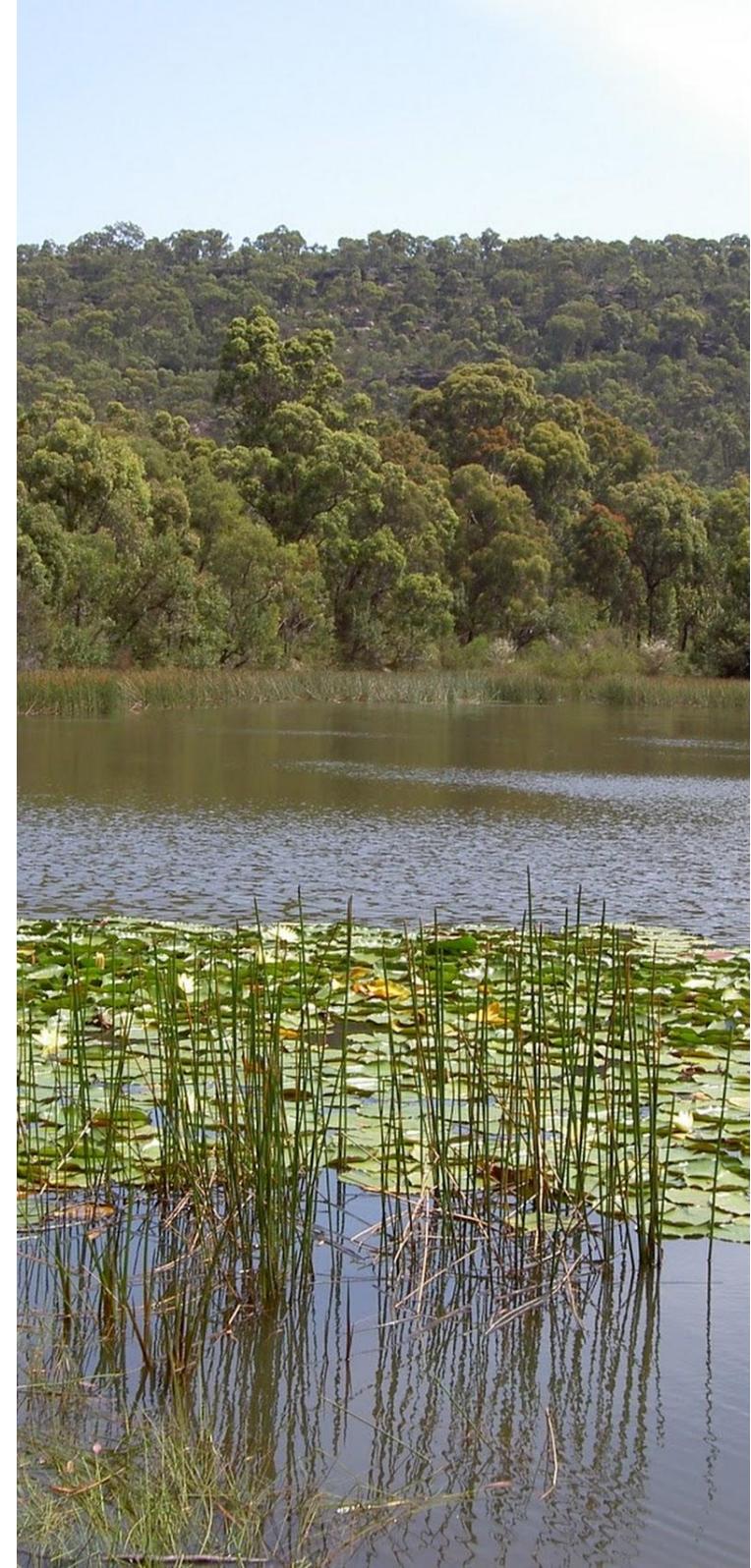
41.34 | Clearing above Wondabyne Station

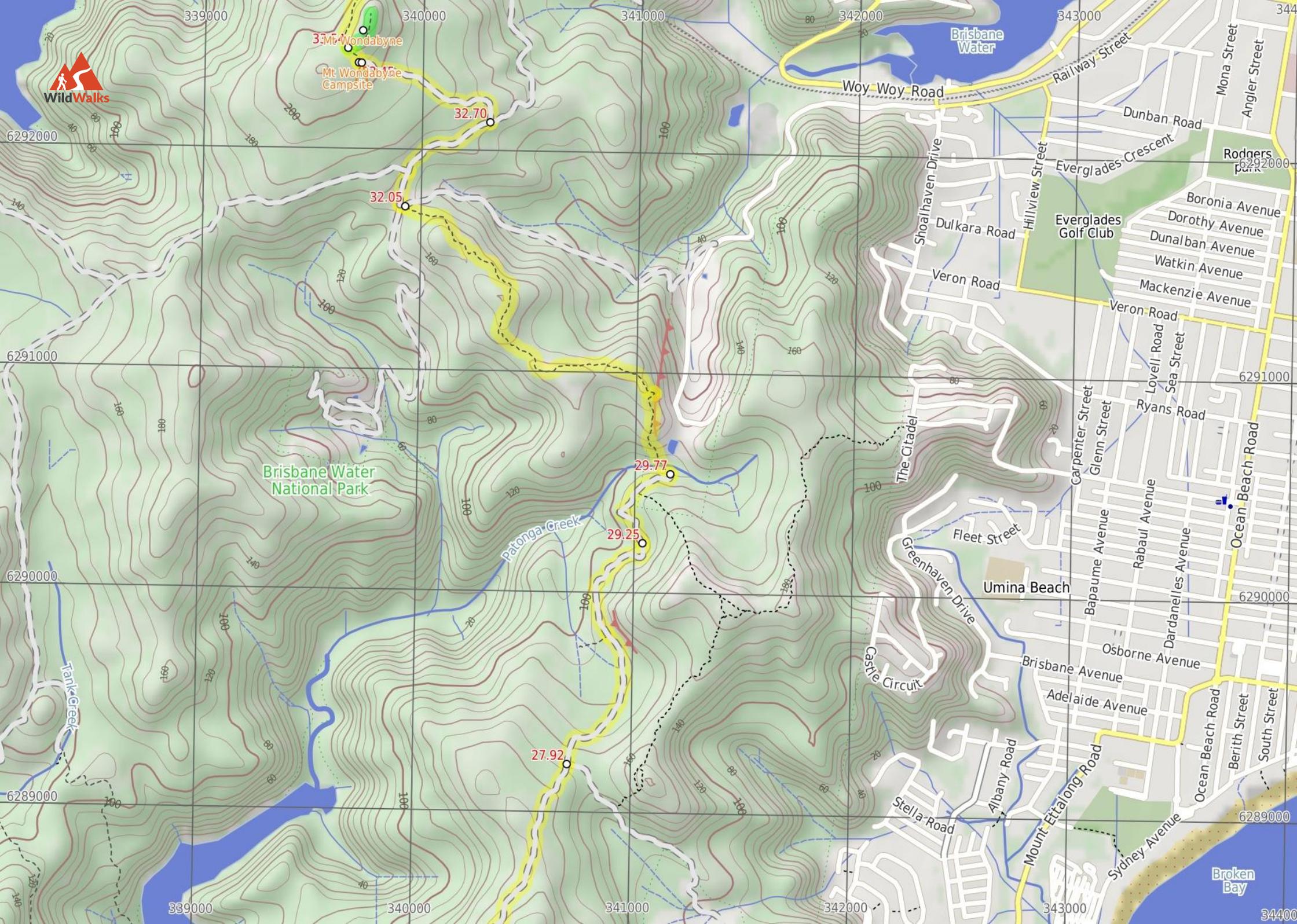
(440 m 13 mins) Continue straight: From the clearing, this walk follows the GNW arrow post south, down along the track to head down some carved steps through a cleft in a rock. The track winds steeply down the series of rock steps for about 150m to pass a filtered view (left) of the cranes, down at

the old Gosford Quarry. The track continues to wind down, a little less steeply, for just over 200m to then climb down a timber staircase (which starts with a metal landing at the top). From the bottom, the walk continues down towards the train line, soon bending left to pass a large boulder and strangler fig tree and come to the north-bound platform of Wondabyne Train Station.

41.78 | Wondabyne

Wondabyne is situated in Brisbane Waters National Park on the banks of Mullet River, which feeds into the Hawkesbury River north of Brooklyn. The area is defined by the National Park's flora and fauna, the quarry, railway station and a few houses sitting above the water around the river. The quarry produced sandstone building materials, used in the construction of the National War Memorial in Canberra. More recently, in 2000, the quarry was re-opened for restoration of St Mary's Cathedral spire in Sydney. Wondabyne Station, named after the nearby Mt Wondabyne, was built in 1889 and exclusively used for the quarry - it was then known as Mullet Creek Station. The station is one of the smallest on the line and one of very few railway stations in a NSW National Park. When you catch the train to Wondabyne, let the guard know you want to get off at Wondabyne Station, otherwise the train will not stop. Travel in the last carriage as the platform is very short. To catch the train from Wondabyne, wave to the driver.





33.74
Mt Wondabyne
Campsite

32.70

32.05

29.77

29.25

27.92

Brisbane
Water

Woy Woy Road

Brisbane Water
National Park

Patonga Creek

Umina Beach

Broken Bay

Wild Walks

Rodgers
Park

Boronia Avenue

Dorothy Avenue

Dunlban Avenue

Watkin Avenue

Mackenzie Avenue

Veron Road

Lovell Road

Sea Street

Ryans Road

Carpenter Street

Glenn Street

Bapaume Avenue

Rabaul Avenue

Dardanelles Avenue

Osborne Avenue

Brisbane Avenue

Adelaide Avenue

Stella Road

Albany Road

Mount Ettalong Road

Sydney Avenue

Ocean Beach Road

Berith Street

South Street

Veron Road

Shoalhaven Drive

Dulkara Road

Hillview Street

Everglades Crescent

Dunban Road

Railway Street

Mona Street

Angler Street

Veron Road

Broken Bay

Broken Bay

Broken Bay

Broken Bay



Brisbane Water National Park

Woy Woy Road

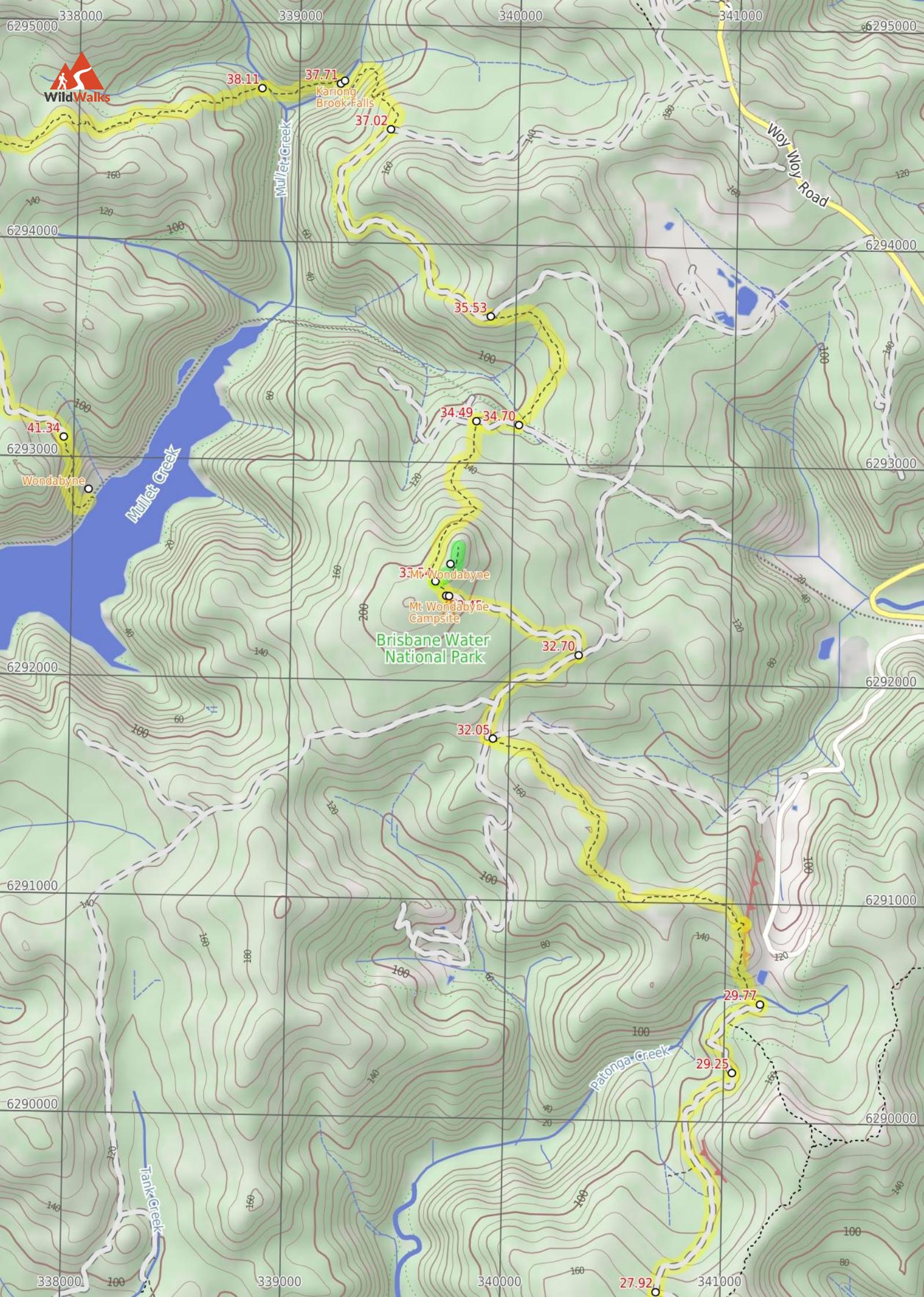
Kariang Brook Falls

Wondabyne

Mullet Creek

33 Mt Wondabyne

Mt Wondabyne Campsite



Mullet Creek

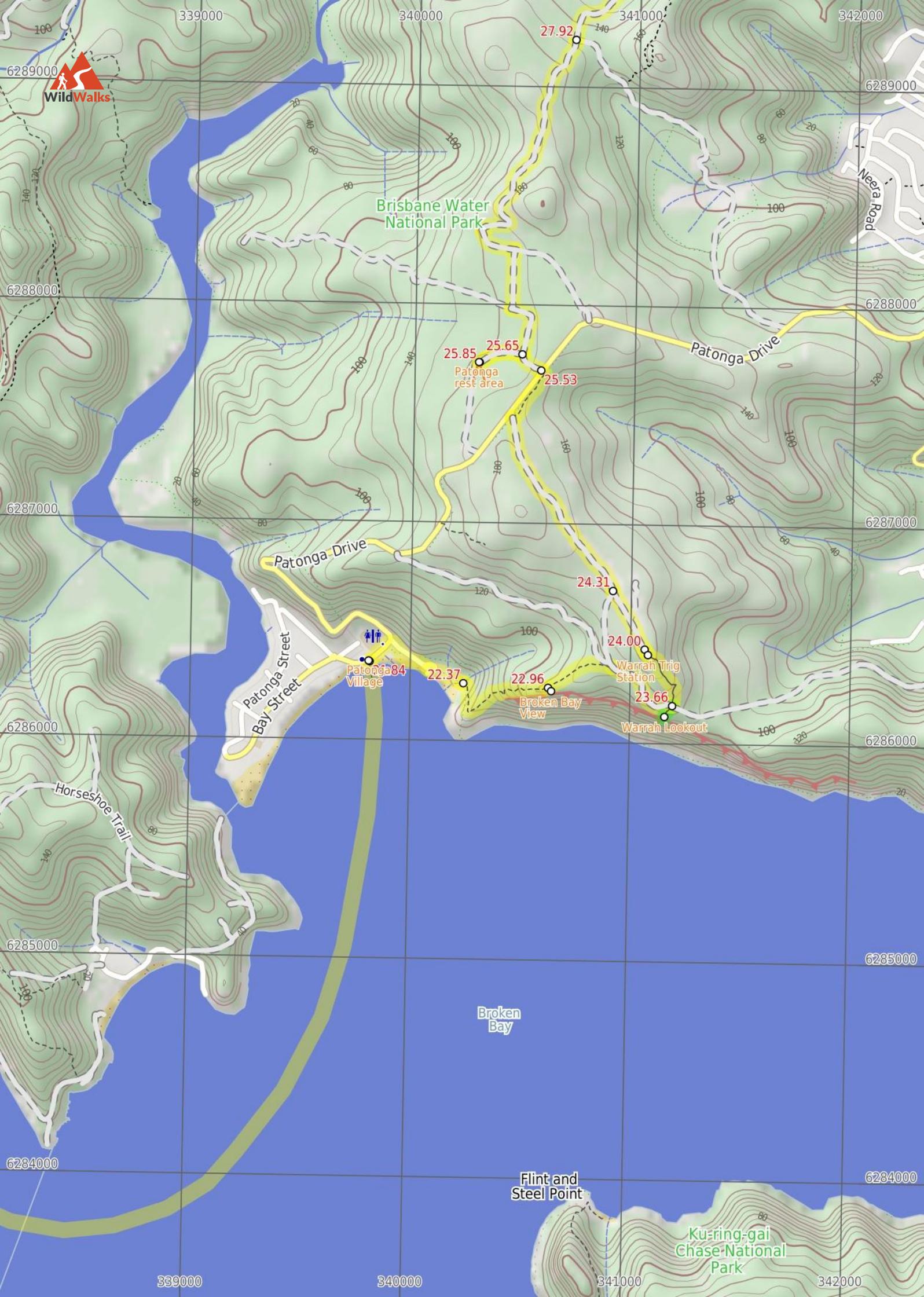
Woy Woy Road

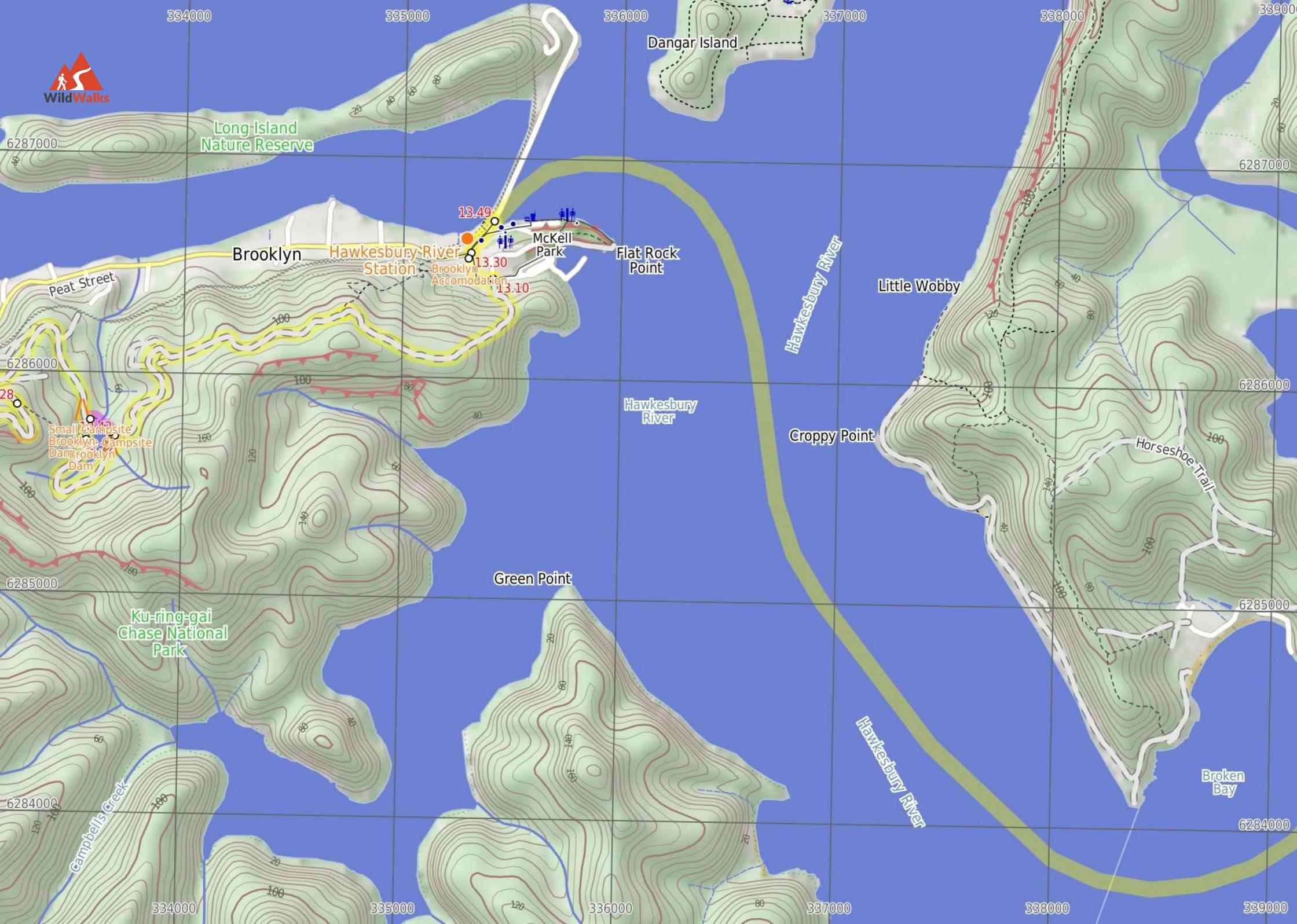
Mullet Creek

Brisbane Water National Park

Patonga Creek

Tank Creek



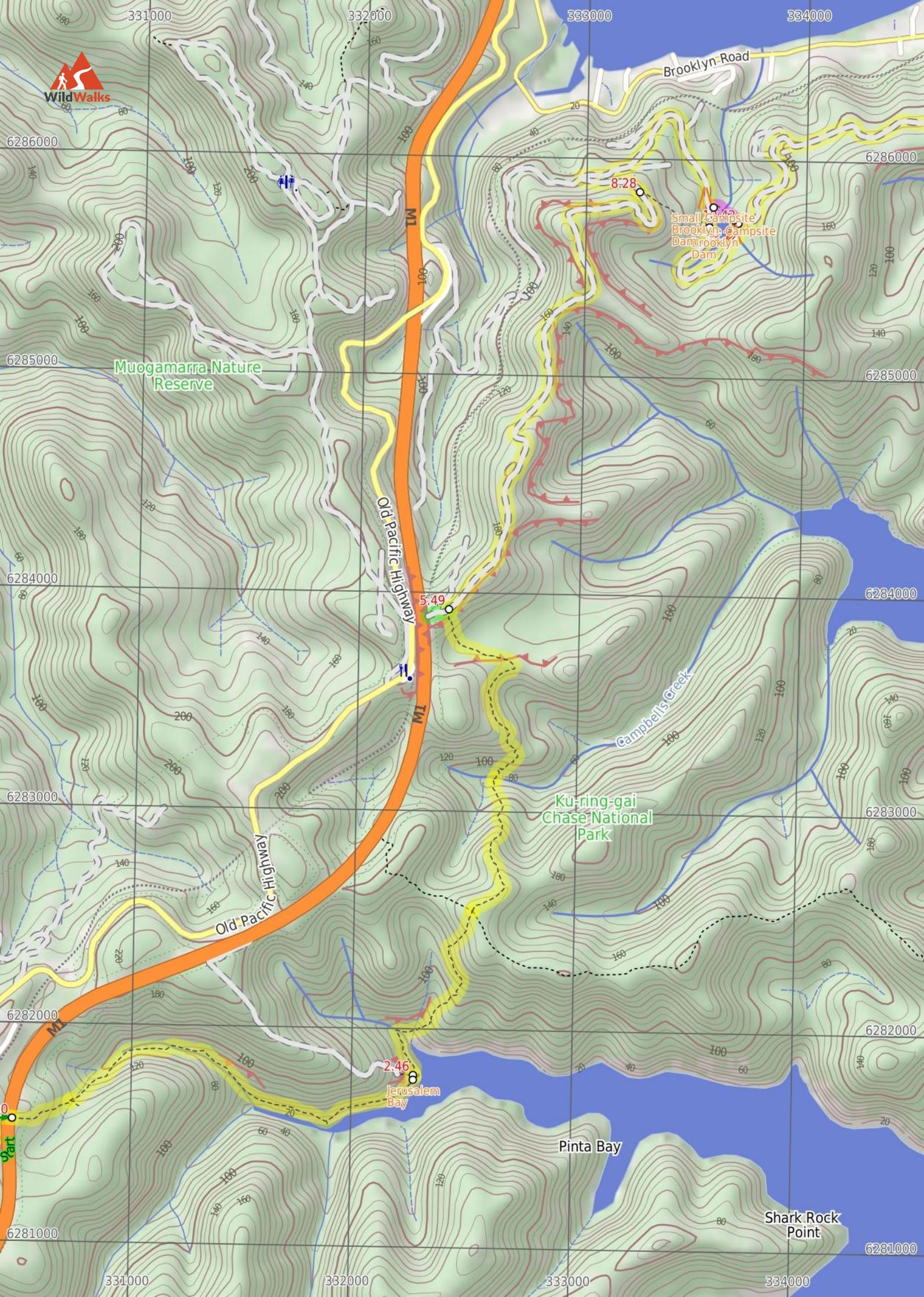


Small Campsite
Brooklyn Campsite
Dam
Brooklyn Dam

13.49
13.30
13.10

Campbell's Creek

Horseshoe Trail



Muogamarra Nature Reserve

Brooklyn Road

Small Campsite
Brooklyn Campsite
Dambrooklyn Dam

Old Pacific Highway

Campbells Creek

Ku-ring-gai Chase National Park

Old Pacific Highway

Jerusalem Bay

Pinta Bay

Shark Rock Point

8.28

5.49

2.46

6286000

6285000

6284000

6283000

6282000

6281000

331000

332000

333000

334000

6286000

6285000

6284000

6283000

6282000

6281000

331000

332000

333000

334000

Summary navigation sheet for the Cowan to Wondabyne station via Patonga rest area



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
0.00	Cowan Station -33.5938,151.1717 (GR Cowan, 303814)	8 -15	300 m 6 mins	From the front of Cowan station, this walk follows the GNW arrow up the concrete ramp, turning right to cross the track at the controlled 'Pedestrian Railway Crossing'.
0.30	Freeway Bridge -33.5922,151.1729 (GR Cowan, 305816)	61 -222	2.2 km 50 mins	Continue straight: From the overpass, this walk heads away from the freeway and down the wide track.
2.46	Jerusalem Bay -33.5905,151.1926 (GR Cowan, 323818)	350 -183	3 km 1 hr 29 mins	Continue straight: From the clearing at Jerusalem Bay, this walk follows the 'Great North Walk' sign, keeping the water to your right.
5.49	Int. Jerusalem Bay Trk and Brooklyn Dam Service Trail -33.5712,151.1943 (GR Cowan, 324839)	3 -11	100 m 2 mins	Optional sidetrip to freeway view point. Turn left : From the intersection, this walk heads in the opposite direction to the 'Brooklyn' arrow, uphill along the wide management trail, keeping the power lines to your left.
5.49	Int. Jerusalem Bay Trk and Brooklyn Dam Service Trail -33.5712,151.1943 (GR Cowan, 324839)	86 -133	2.8 km 57 mins	Turn right: From the intersection, this walk follows the 'Brooklyn' sign down along the wide management trail, initially keeping the power lines to your right.
8.28	Upper Int. of Brooklyn Dam Service Track and Brooklyn Dam Bushtack -33.554,151.2037 (GR Cowan, 332858)	31 -95	1.3 km 28 mins	Continue straight: From the intersection, this walk follows the 'Great North Walk' sign along the wide management trail as it initially leads over a small rise then heads downhill, keeping the valley to your right.
9.63	NW Brooklyn Dam Campsite -33.5547,151.2071 (GR Cowan, 336858)	7 -7	180 m 4 mins	Alternate Route NW Brooklyn Dam Campsite. Turn left: From this intersection, this walk follows the track east, away from the main trail and through the small 'Brooklyn Dam' campsite.
9.63	NW Brooklyn Dam Campsite intersection -33.5546,151.2071 (GR Cowan, 336858)	1 -1	90 m 2 mins	Continue straight: From the intersection, this walk follows the GNW arrows post south along the wide trail, soon passing alongside the dam (on your left).
9.72	Lower Int. of Brooklyn Dam Service Track and Brooklyn Dam Bushtack -33.5555,151.2071 (GR Cowan, 336857)	14 -14	700 m 13 mins	Continue straight: From the intersection, this walk follows the GNW arrow post along the wide trail, keeping the dam to your left.
10.42	NE Brooklyn Dam Campsite -33.5553,151.2085 (GR Cowan, 337857)	100 -165	2.7 km 59 mins	Veer right: From the intersection, this walk follows the GNW arrow post uphill along the management trail, directly away from the dam.
13.10	Int of George & William Sts -33.5489,151.2272 (GR Cowan, 354865)	2 -5	200 m 4 mins	Turn left: From the intersection, this walk follows the 'Great North Walk - Direct Route' sign gently uphill along the footpath beside George St.
13.30	Int of Brooklyn AND Dangar Rds -33.5478,151.2261 (GR Cowan, 353866)	1 0	90 m 1 mins	Continue straight: From the intersection, this walk follows the footpath down along Dangar Road past the phone box, keeping the train line and road to your left.
13.39	Brooklyn Railway Station -33.5472,151.2266 (GR Cowan, 354866)	0 -3	100 m 2 mins	Continue straight: From the street-side of Brooklyn Railway Station, this walk heads north-east along the footpath, towards the water, for approximately 50m, coming to the ferry terminal on the other side of the car...
13.49	Brooklyn Ferry Terminal -33.5465,151.2272 (GR Cowan, 354867)	3 -2	8.4 km 1 Hr	Continue straight: From the wharf near Hawkesbury River (Brooklyn) Station, the walk becomes a ferry ride.
21.84	Patonga Wharf car park -33.5504,151.2746 (GR Broken Bay, 398864)	14 -13	530 m 10 mins	Veer right: From the car park at Patonga wharf, this walk follows the footpath beside Patonga Drive, keeping the water on the right.
22.37	Eastern end of Patonga Beach -33.5513,151.2791 (GR Broken Bay, 402863)	122 0	590 m 21 mins	Continue straight: From the eastern end of Patonga beach, this walk follows the 'Warrah Trig 1.7km' sign up the steps.
22.96	Broken Bay View -33.5515,151.2833 (GR Broken Bay, 406862)	26 -26	700 m 15 mins	Veer left: From the Broken Bay view, this walk follows Great North Walk arrows uphill along the track.

Summary navigation sheet for the Cowan to Wondabyne station via Patonga rest area



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
23.66	Warrah Lookout intersection -33.5523,151.2894 (GR Broken Bay, 412862)	0 -12	70 m 2 mins	Optional sidetrip to Warrah Lookout. Turn right: From the intersection, this walk heads between the timber posts and follows the 'Warrah Lookout' sign along the sandstone footpath.
23.66	Warrah Lookout intersection -33.5523,151.2894 (GR Broken Bay, 412862)	39 0	310 m 7 mins	Turn left : From the intersection, this walk follows the 'Tony Doyle Track, Warrah Car Park' sign up the sandstone steps and footpath.
23.97	Warrah Trig Station -33.5502,151.2882 (GR Broken Bay, 411864)	0 0	30 m 1 mins	Continue straight: From Warrah Trig Station, this walk follows the sandstone steps and footpath down the hill towards the dirt road.
24.00	Warrah Car Park -33.55,151.288 (GR Broken Bay, 411864)	2 -4	310 m 5 mins	Continue straight: From Warrah car park, this walk follows the road off the sealed section and along the dirt.
24.31	Int of Warrah Trig trail and Warrah Trig Station Rd -33.5475,151.2865 (GR Broken Bay, 409867)	23 -14	1.2 km 22 mins	Continue straight: From the intersection, this walk follows the dirt road north up a long and gentle hill.
25.53	Int of Great North Walk and Patonga Dr -33.5384,151.283 (GR Broken Bay, 406877)	0 -4	120 m 2 mins	Continue straight: From the intersection, this walk follows the 'Great North Walk' sign around the locked gate to follow the management trail away from the road.
25.65	Int of Rest Area and GIRRAKOOL tracks -33.5378,151.282 (GR Broken Bay, 405878)	1 -7	210 m 3 mins	Veer left: From the intersection, this walk follows the 'rest area' sign gently downhill along the management trail.
25.85	End of day 1 -33.5381,151.2799 (GR Broken Bay, 403877)	0 0	0 m	This is the planned overnight stay for the end of day 1, happy camping.
25.85	Rest Area -33.5381,151.2799 (GR Broken Bay, 403877)	12 -13	950 m 15 mins	Turn around: From the rest area, this walk heads east along the management trail for about 200m to come to a clear three-way intersection, where a 'Rest Area' sign points back down along the trail.
26.81	Int of Hawkesbury track and Patonga Dr trail -33.5326,151.2801 (GR Broken Bay, 403883)	25 -39	1.1 km 21 mins	Turn right: From the intersection, this walk follows the 'Girrakool' sign east uphill along the management trail.
27.92	Int of Hawkesbury track and Sani Depot Trail -33.5248,151.2847 (GR Broken Bay, 407892)	21 -56	1.3 km 25 mins	Continue straight: From the intersection, this walk follows the GNW arrow post downhill along the wide trail.
29.25	Rock Platform -33.5157,151.2884 (GR Broken Bay, 410902)	24 -27	520 m 12 mins	Continue straight: From the rock platform, this walk follows the trail north up the side of the hill.
29.77	Int of Hawkesbury track near Patonga Creek -33.5129,151.2898 (GR Broken Bay, 412905)	128 -86	2.3 km 52 mins	Turn left: From the intersection, the walk follows the 'Great North Walk' sign downhill along the track.
32.05	Int of Hawkesbury Track and Dillons Trail -33.5019,151.2767 (GR Broken Bay, 399917)	23 -9	650 m 12 mins	Continue straight: From the intersection, this walk follows the GNW arrow post west (in the opposite direction to the 'Patonga' sign).
32.70	Int of Tunnel Track and Mt Wondabyne trail -33.4985,151.2809 (GR Gosford, 403921)	49 0	760 m 16 mins	Turn left: From the intersection, this walk follows the GNW arrow marker as well as the 'Mt Wondabyne' and 'Girrakool' signs uphill along the management trail.
33.45	Mt Wondabyne Campsite -33.496,151.2744 (GR Gosford, 397924)	6 0	90 m 2 mins	Turn right: From the clearing (campsite), this walk follows the 'Mooney Mooney rest area' sign north gently uphill along the rocky track.
33.54	Int of Great North Walk and Mt Wondabyne Peak tracks -33.4954,151.2739 (GR Gosford, 397925)	20 -1	210 m 5 mins	Optional sidetrip to Mt Wondabyne Peak. Turn right: From the intersection, this walk follows the Mt Wondabyne peak track north-east as it heads uphill directly towards Mt Wondabyne.
33.54	Int of GNW and Mt Wondabyne Peak tracks -33.4954,151.2739 (GR Gosford, 397925)	11 -109	950 m 21 mins	Continue straight: From the intersection, this walk follows the GNW arrow post north, gently down along the rocky track, keeping the Mt Wondabyne Peak up to your right.
34.49	Int of GNW and Mullet Creek Trail -33.4888,151.2759 (GR Gosford, 398932)	4 -14	220 m 4 mins	Turn right: From the intersection, this walk follows the GNW arrow post and 'Wondabyne Station' sign down a gentle hill as the trail bends right.

Summary navigation sheet for the Cowan to Wondabyne station via Patonga rest area



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
34.70	Int of GNW and Mullet Creek Trail (east) -33.489,151.278 (GR Gosford, 400932)	50 -15	830 m 18 mins	Turn left: From the intersection, this walk follows the 'Girrakool' sign, heading under the power lines and down along the track to soon cross a small ephemeral creek.
35.53	Int of GNW and Thommos Loop track -33.4845,151.2766 (GR Gosford, 399937)	34 -54	1.5 km 28 mins	Veer left: From the intersection, this walk follows the 'Girrakool' sign across the rock platform, keeping the valley to your left.
37.02	Int of the Great North Walk and Patonga service trail -33.4768,151.2717 (GR Gosford, 394945)	21 -122	690 m 24 mins	Veer left: From the intersection, this walk follows the 'Girrakool' sign gently down along the narrower track.
37.71	Kariong Brook crossing -33.4749,151.2693 (GR Gosford, 392947)	33 -28	400 m 11 mins	Continue straight: From the Kariong Brook, this walk follows the track north-west away from the cliffs (initially keeping the waterfall to your right).
38.11	Myron Brook crossing -33.4751,151.2655 (GR Gosford, 388947)	178 -36	1.6 km 36 mins	Continue straight: From Myron Brook, this walk follows the rocky track west up the steep hill.
39.67	Int of GNW and Wondabyne Station tracks -33.4771,151.2518 (GR Gosford, 376944)	5 -19	630 m 11 mins	Turn left: From the intersection, this walk follows the 'Wondabyne Station' sign downhill along the management trail.
40.30	Eastern end of the Pindar Cave Track -33.4823,151.2522 (GR Gosford, 376939)	3 -72	1 km 19 mins	Continue straight: From the intersection, this walk follows the GNW arrow post south, gently down along the wide management trail.
41.34	Clearing above Wondabyne Station -33.4894,151.2557 (GR Gosford, 380931)	15 -100	440 m 13 mins	Continue straight: From the clearing, this walk follows the GNW arrow post south, down along the track to head down some carved steps through a cleft in a rock.